SACWN

August/September 2003
Volume 32

In Our Community -

***Rainbow Festival 2003**

***SACWN October Social**

Lavender Library, Archives
and Cultural Exchange
Sacramento, CA
#3344844

Inside

SACWN Newsletter Policies & Mission Statement p. 2

Support in the Community p. 3

SIG Activities p. 4 & 5

Calendar & More p. 6

Water or Coke? p. 7

From Here & There p. 8

Financial Focus p. 9

Support our Advertisers p. 10

SACWN Membership Application p. 11

RAINBOW FESTIVAL 2003 is an annual celebration on Labor Day Weekend. FACES, CGNIE, and LAMBDA COMMUNITY CENTER sponsor 3 days of fun which culminate in the Street Fair on Sunday (August 31) before Labor Day. It's located at 20th & K Streets in Midtown Sacramento. The event draws up to 7,000 people. The signature Street Fair event features some of Sacramento's best local entertainment: Sammy-award winning live bands, and headliners in 3 themed staging areas.

On Stage 3 - **Women Rock!** (Big Top Tent Behind Faces) you'll find these groups:
True Colors
Dre
GG Amos
"Cabaret Kids"
Many More TBA!

On Stage 1 - **Rainbow Stage** (20th and "K" St. Intersection) you'll enjoy these sounds and famous folks:
Gayiel Von (Emcee)
SVL Color Guard & National Anthem
Paris Clayton Band
Sacramento Men's Chorus
Cheer San Francisco
Sugar Boom Boom
Capitol City Squares
Lacy Baker Band
Diva Chorus
Lt. Gov. Cruz Bustamante
Mayor Heather Fargo
Slam Bukra & His Groove Palookas
Judy Tenura

Over the past 16 years, RAINBOW FESTIVAL has raised over $250,000 for local charity organizations such as Lambda Community Fund, Kids with Cancer, Make-a-Wish Foundation, Fairy Godfathers' Fund, WEAVE, CARES, Breaking Barriers, and many others. Founded in 1986 by Terry Sidie and Richard Boriolo as a pride event held in the back parking lot of Faces Nightclub, the fair has grown in size to encompass the streets surrounding the intersection of 20th & K, and has expanded through-out the Labor Day Weekend.

The admission price to the Street Faire is $5 at the gate.

Check out their website at:
http://www.rainbowfestival.com

SACWN will have their booth at the faire this year. Come and say Hi.

SACWN NEEDS:
A Graphic Artist and Events Coordinator

Our **graphic artist** would make posters, flyers and other graphics. We need someone to create these materials for all of our larger activities.

Our **events coordinator** would coordinate people as they put on an event and coordinate our events with those in the community.
If you're interested in either position, please contact SACWN at (916) 451-8034 or SACWN1@aol.com

Watch this Space
For More Information
About our October
SACWN Social

A Headliner may be part of this great celebration!

THE SACWN MISSION

SACWN's mission is to provide lesbians with social activities in a safe environment, a supportive network, and resources to link our diverse community.

PO Box 19036
Sacramento, CA 95819-0036
916-451-8034
SACWN1@aol.com
Website: www.sacwn.com

STEERING COMMITTEE

MEMBERSHIP COMMITTEE
Nancy

NEWSLETTER AND WEBSITE COMMITTEE
Sharon J.

SIG COORDINATOR
Sharon S.

VOLUNTEER COORDINATOR
Heidi

TREASURER
Cindy

CHARITY ADVISOR
Mary Lou

MAIN EVENTS
Barbara

SPECIAL PROJECTS
Kelli

This newsletter is entirely dependent on volunteers.

In order to be included in the next newsletter, material must arrive in our mailbox or at my e-mail address by the tenth of the month (sharonju@sbcglobal.net). We encourage submissions (e.g. Letters to the Editor, news items, photos, etc.) Please type submissions and include your name and phone number for verification. Submissions by Email are especially encouraged.

FREE ADS: This section is for selling things of a personal nature, advertising for a roommate or finding a lost love. These ads are FREE to SACWN members who are advertising for personal use (no business advertising in this section).

BUSINESS ADS: Camera-ready ads are $60 per business card size. Ads must be prepaid. Ads are based on 12-month/six issues per year. For more info, please contact Sharon.

CONFIDENTIALITY: SACWN takes the following precautions to insure the privacy of its members:

1. The mailing list is never sold or lent to anyone--even other women's groups or inquiring lesbians.

2. The newsletter is always sent first class, rather than at the cheaper bulk rate.

3. Each newsletter is addressed to a specific subscriber, not to a "resident" or "household".

4. Newsletters are not sent to individual men.

~~Women who want to participate in the operation of SACWN are encouraged to contact any of the committee coordinators listed at the left.

Invitation to SACWN General Meeting

We have a General Meeting followed by a Steering Committee meeting on the first Thursday of every month (August 7th, September 4, October 2). We meet at the Lambda Center located at 1927 L St. Our meetings start at 7 PM. Come and find out what's going on and give your ideas and input to help our organization become stronger and continue to be a reflection of our members' interests.

Your input is important to us. If you have suggestions but can't be at the meetings, send an Email to SACWN1@aol.com with your ideas.

Support In the Comunity +

Legal Referral Service

From 5:30 PM to 9:00 PM, the Lambda Community Center (1927 L St.) is providing a service to the Sacramento GLBT community. Law school student volunteers from UC Davis and McGeorge Schools of Law will offer legal referrals to community members who have legal problems, possible claims or questions. **There is no legal advice given or legal representation offered,** just a qualified listening ear that can refer individuals to a pre-screened LGBT-friendly attorney and/or legal service in the area.

Newcomers

Are you new to SACWN, new to the area or just want to meet new people? Then the Newcomers Group is for you! Call Nancy - 452-6007

Lesbian-Cancer Support Group

What: A support group of lesbians having cancer-related health issues in their lives.
Where: Uptown Studios at 912 1/2 J Street (between 9th and 10th - across from Caesar Chavez Park - internal stairway access to upper level.
When: Third Monday of each month
Time: 6:30 PM (sharp) to 8 PM
Cost: Free
For more information: Contact Roxanne - (916-920-7870 or roxanne1040@aol.com

Diogenes - Youth Crisis Center

We help homeless, runaway and at-risk youth become contributing members of society.

The name Diogenes was chosen by community youth as a name for the center when the program first opened. Diogenes was a philosopher in ancient Greece known as the first youth advocate who gave up his possessions and, lantern in hand, went in search of truth, honesty and self enlightenment.

Diogenes Youth Services provides a comprehensive range of free services for runaway, homeless, and other at risk youth and their families including--shelter, counseling, support groups, workshops and street outreach.

To reach the 24-hour hot line, call 1-800-339-7177 / TDD

All services are free and confidential.

* Emergency shelter
* Transitional Living Programs (TLP)
* Individual, group and family counseling
* Project Safe Place
* Street Outreach
* 24-hour crisis hotline, information and referral
* In-home support services for families
* Teen Pregnancy Prevention
* HIV/AIDS education and prevention
* Assistance in locating alternative living arrangements
* Skill-building workshops and groups
* Speakers Bureau
* Peer and adult volunteer programs

Diogenese Crisis Center is located at:
9719 Lincoln Village Drive, Ste. 110
Sacramento, CA 95827

Tel: (916) 369-5447
Fax: (916) 359-5389
24-Hour Hotline 1-800-339-7177 /TDD

Their website is: http://www.diogenesnet.com/

Special Interest Groups (SIGS)

Do you have an idea for a new special interest group and don't know how to get started? SACWN's SIG Coordinator, Sharon S., will be happy to help you start your group. She will help you write your flyers, list you in SACWN's newsletter and help you find a place to hold your meetings. Just e-mail her at: sharon5248@aol.com.

A NEW SIG!
W.O.W. - Womyn on Wednesdays

This is a women's discussion group that meets weekly at the Lambda Center (1927 L Street) at 7 PM. We have topics that are of interest to our members such as safe sex, the role of women in the media, and body image. Also, there are game nights, movie nights, and field trips. And the third week of the month there is a potluck. It is a great place to meet other lesbians in the area and make lasting friendships. Feel free to contact one of our facilitators (Beth 916-835-0339 or Kathleen 916-372-1593) or check us out on the web: http://www.geocities.com/WOW_OF_SACRAMENTO/

Seasoned Singles (SS)

Seasoned Singles is for single women over the age of 50 who live in the greater Sacramento area. For more information, call Mary at 395-4147 or Email seasonedsingles@webtv.net.

We have three women (Jean, Donna & Shirley) who have volunteered to keep SS going. Thanks, ladies!!! **And thank you, Mary** for having done such a wonderful job as the SS leader.

Seasoned Singles - Upcoming Activities

Sunday, August 3 is a gathering of Top Ten and Seasoned Singles. Come and play table games or just come to chat and hang out. Bring a snack to share and your own drinks. Please RSVP by July 30 to Mary - 916-395-4147 or seasonedsingles@webtv.net

September 12-14 is 7th Annual Divafest in Guerneville. For those wanting to stay the night, make reservations soon. Contact Jean at Tarabud2@aol.com or 484-1793 or cell 539-1793. Check out these websites: http://www.gayrussianriver.com/ or http://www.rrgetaways.com/calendar_1.htm

Friday, September 19 will be a concert at the Palms with Laura Love. Car Pooling will be arranged for those interested. Call Mary at 916-395-4147 or seasonedsingles@webtv.net

Friday, October 24 will be the Holly Near, Chris Williamson Concert at the Crest Theater. Shirley H. (new to SS) is the contact person. To contact her call 916-564-9814 or raenbo@earthlink.net.

Wednesday, November 5 will be the comedien Suzanne

Westenhoefer performing at the Crest Theatre. For information about tickets, etc. go to www.lambdaplayers.org or 916-484-4742. Jean S. is coordinating the SS group. Jean is purchasing a block of tickets for SS. Call her at 484-1793 or 539-1793 or Email Tarabud2@aol.com.

Top 10

Top 10 is for women over fifty and for women who love women over fifty. Each month we get together for a meal at a local restaurant or at home potlucks.

We are looking for a new coordinator for this great group. If you're interested, please contact our SIG coordinator - Sharon S. at 448-4324 or Sharon5248@aol.com. Once we have a new coordinator, we will be announcing upcoming events.

Couples Dinner Group

The Couples Dinner Group had a great time in June. We went to Louie's at Stockton and Broadway. There were 11 couples and we literally had the whole place to ourselves. The wait staff was terrific! And the service and food were fantastic. We all stayed until the restaurant closed and then everyone went on to other things. Lots of food went home too. We shared food, friendship and good conversation. I know MaryLou and I had a great time. There was a suggestion to have some of the dinners at a couple's home instead of always in a restaurant, so..... any volunteer?

There are exciting dinners planned for August and September. The August dinner is going to be a combination Luau and anniversary party for one of the couples. September will be fun too. Email me jazlady88@hotmail.com for more information.

We welcome all lesbian couples to join us for good food, good conversation and a great time. Hope to see you at the next Couples Dinner!

Colleen & MaryLou

(continued from page 4)

Seasoned Singles - *On Going Activities*

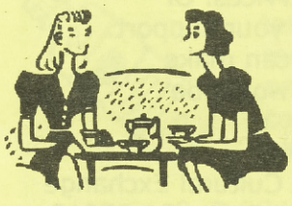
Impromptu Group: Contact Barbara T., at 916-422-0142 or Windrowtsr@aol.com. Anyone on the Impromptu Email list can contact other women on that list to invite them to an activity on an impromptu basis.

Poetry: For information about poetic venues and literary spaces contact Rama at 916-428-7227 or 428-7224 or Djerma@aol.com

Gayiel Von for Cabaret at Club 21: For information about the 7:30 PM gathering call Rosie at 442-7143.

Poker on the 2nd Friday of each month. Contact De D. at 916-927-3304. Please reconnect with De by sending her your phone number and/or Email address because they were lost when her computer crashed.

Lunch, anyone? Annie and Beth are interested in meeting others who enjoy fine cuisine for lunch any day of the week, including weekends. If you have a place in mind that you've been waiting to try or an old favorite you can't get enough of, let Annie know at 707-451-2541 or CoonHollow@aol.com



Women's Music - For concert information contact Mary at Email seasonedsingles@webtv.net.

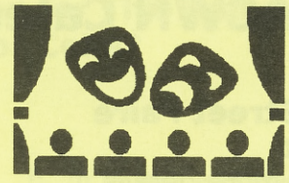
Harness Racing at Cal Expo - Judy P. will schedule information about harness racing and will be organizing a group to attend after the State Fair. Contact her at (707) 449-9543 or Email jmpete@sbcglobal.net.

MORE SIGS THROUGH SACWN

Lesbian Discussion Group - This is a gathering for women to meet and discuss various topics. If you're interested, contact Jazlady88@juno.com.

Arts and Entertainment

From local activities such as the Second Saturday Art Walk to a show in the Bay Area, we enjoy a variety of entertainment. It's great fun and you can reconnect with old friends and meet new ones. If you are interested in participating in or coordinating



an event, contact Sharon J. To have the latest updates sent to you by Email, just send your Email address to: sharonju@sbcglobal.net and indicate your desire to be on the A&E Email list.

Women's Spiritual Circle

This group is for those interested in their spiritual and/or healing path. Explore your own spiritual wisdom with other women. We will explore our own healing abilities, learn about different spiritual practices including drumming, meditation and walking a labyrinth. Let's put our energies together and change our space for the better. Contact: Trudy Brown at trudybrown@earthlink.net

Half-Fast Hiking Group

This is a well-organized, friendly group of serious hikers who know how to have fun. We are in our sixth successful year of day-hiking with hikes scheduled once per month all year long. We walk at a comfortable pace and usually average about five miles round trip on hikes that are rated "easy" to "moderate". All new-comers will receive a warm welcome!

Please join us for the time of your life! For a calendar of this year's events and an information sheet, call Linda at 452-5806.

****

We at SACWN would like to celebrate and remember Joyce Mary Flanigan's life. She was a long time member of SACWN who peacefully passed away in her home in Cameron Park on June 15, 2003. She is survived by her life partner Lydia Roseby, a sister and brother, 2 daughters, 2 sons, 18 grandchildren and 8 great grandchildren. Her dedication to education spanned over 40 years. She will always be remembered for her enthusiasm for life and her loving, caring, considerate personality.

In lieu of flowers, memorials may be made to El Dorado Women's Center, 1248 Broadway, Suite C, Placerville, CA 95667

****

Help provide mammograms to women in need.

www.thebreastcancersite.com/

For more information about this site go to the bottom of column two on Page 8.

SACWN Calendar and More

Rainbow Festival Street Faire
August 31
See the front page for more details.

SACWN Social in October
Details still to come.

****

Want to know what else is happening in town?
Check out these groups.

D.O.T.: Long time local organization for couples and singles. Age range averaging between 35 and 55 years of age. Contact person is Vickie at dejavu95821@earthlink.net

If the Shoe Fits (ITSF): An organization in the Placerville/El Dorado area that is very active. They have a monthly newsletter with their latest activities. Email is shoes2u@hotmail.com or through snail mail at PO Box 295, El Dorado, CA 95623.

River City Bowlers: Sacramento's only Gay and Lesbian Bowling League. Winter League begins September 7, 2003. Contact person is Tom Lane - 916-635-1535.

Camping Women: It is built on the premise that women share equally the joys, privileges and responsibilities of the outdoor experience and thereby realize their own potential and ability to live comfortably in the out-of-doors. The National office website is: www.campingwomen.org For local information email Sharon: shtaylor@dfg.ca.gov

Let's Help Support Our LLACE!

Lavender Library is a valuable organization which provides a variety of services to our community. LLACE receives no grants and is managed with all volunteers. We need to give our financial support because LLACE brings us so much. Besides having 10,000 books, periodicals and multimedia items for loan, LLACE holds book groups, movie nights, artist exhibits, author's presentations, lectures from other influential people from the community, and performing nights.

LLACE

Most GLBT libraries do not loan out their items. We are so fortunate to be able to have this wonderful service available to us. So become a Pride Preserver with a yearly registration for all of their services. Or just send in a check to show your support. Every dollar helps; so if you can make even a small contribution, it would be appreciated.

Lavender Library, Archives & Cultural Exchange (LLACE) PO Box 987 * Sacramento, CA 95812

1414 "21st" Street * Sacramento, CA 96814

www.LavenderLibrary.org * 916 492-0558

Hours: Thurs. 7pm-9pm, Fri. 6pm-8pm, Sat. noon-6pm, Sun. noon-6pm

Couples, Families, Individuals

Ellie Zacks, Ph.D.

Clinical Psychologist
PSY10426

(916) 863-1790

By Appointment

9700 Fair Oaks Blvd., Suite D, Fair Oaks, CA 95628

****

If you find yourself in a hole, the first thing to do is stop diggin'.
~Will Rogers~

The Health Question for This Summer: Water or Coke?

WATER

1. 75% of Americans are chronically dehydrated.

2. In 37% of Americans, the thirst mechanism is so weak that it is often mistaken for hunger.

3. Even MILD dehydration will slow down one's metabolism as much as 3%.

4. One glass of water will shut down midnight hunger pangs for almost 100% of the dieters studied in a University of Washington study.

5. Lack of water, the #1 trigger of daytime fatigue.

6. Preliminary research indicates that 8-10 glasses of water a day could significantly ease back and joint pain for up to 80% of sufferers.

7. A mere 2% drop in body water can trigger fuzzy short-term memory, trouble with basic math, and difficulty focusing on the computer screen or on a printed page.

8. Drinking 5 glasses of water daily decreases the risk of colon cancer by 45%, plus it can slash the risk of breast cancer by 79%, and one is 50% less likely to develop bladder cancer.

And now for the properties of COKE

1. In many states (in the USA) the highway patrol carries two gallons of Coke in the truck to remove blood from the highway after a car accident.

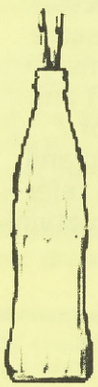
2. You can put a T-bone steak in a bowl of coke and the steak will be gone in two days.

3. To clean a toilet: Pour a can of Coca-Cola into the toilet bowl and let the "real thing" sit for one hour, then flush clean. The citric acid in Coke removes stains from vitreous China.

4. To remove rust spots from chrome car bumpers: Rub the bumper with a rumpled-up piece of Reynolds Wrap aluminum foil dipped in Coca-Cola.

5. To clean corrosion from car battery terminals: Pour a can of Coca-Cola over the terminals to bubble away the corrosion.

6. To loosen a rusted bolt: Applying a cloth soaked in Coca-Cola to the rusted bolt for several minutes.



7. To bake a moist ham: Empty a can of Coca-Cola into the baking pan, wrap the ham in aluminum foil, and bake. Thirty minutes before the ham is finished, remove the foil, allowing the drippings to mix with the Coke for sumptuous brown gravy.

8. To remove grease from clothes: Empty a can of coke into a load of greasy clothes, add detergent, and run through a regular cycle. The Coca-Cola will help loosen grease stains.

9. It will also clean road haze from your windshield.

For Your Info

~ The active ingredient in Coke is phosphoric acid. Its pH is 2.8. It will dissolve a nail in about 4 days. Phosphoric acid also leaches calcium from bones and is a major contributor to the rising increase in osteoporosis.

~ To carry Coca-Cola syrup (the concentrate) the commercial truck must use the Hazardous Material placecards reserved for Highly Corrosive materials.

~ The distributors of Coke have been using it to clean the engines of their trucks for about 20 years!

Now the question is, would you like a glass of water or a coke?

****

AB 205 is a bill that, if passed, would grant most of the rights and duties of marriage to domestic partners. Help the Lambda Letters project keep our legislators informed of this bill.

http://www.lambdaletters.org/

From Here and There

Feminist Women's Health Center

Description: Women's Health Specialists offers a wide variety of confidential women's reproductive health services, including: birth control services, gynecological exams, free pregnancy tests (same day appointments), Pap smears, breast exams, abortion services, the abortion pill (Mifeprex) and the morning after pill, fertility services (donor insemination), adoption services, STD testing and treatment, confidential HIV testing, prenatal referrals, speakers bureaus and free health information by phone. They accept all health plans.
Phone: 916-451-0621
Contact: Shauna Heckert
Location: 1750 Wright Street, Suite 1, Sacramento, CA 95825
Days & Hours: Appointments available M-F, 9-5. Saturday by appointment only. 24-hour answering service.

****

Famous Quotes

(Thanks for sharing, Peg)

It always seemed to me a bit pointless to disapprove of homosexuality. It's like disapproving of rain. - Francis Maude

In response to a reader who complained that a gay couple was moving in across the street and wanted to know what he could do to improve the quality of the neighborhood. 'You could move.' ~ Abigail Van Buren, "Dear Abby,"

Why is it that, as a culture, we are more comfortable seeing two men holding guns than holding hands? ~ Ernest Gaines

Drag is when a man wears everything a lesbian won't. - Author Unknown

(and, of course, the ever famous quote:)

The Bible contains six admonishments to homosexuals and 362 admonishments to heterosexuals. That doesn't mean that God doesn't love heterosexuals. It's just that they need more supervision.

SHOWTIME Original Series: THE L WORD,

explores the lives and loves of a group of Los Angeles lesbians. The series is slated to start in January, 2004.

Jenny Schecter (MIA KIRSHNER) is a gifted young writer of fiction who just completed her MFA at the Iowa Writer's Workshop. With a major literary award and one published short story to her credit, she arrives in Los Angeles to begin her "adult life" with her boyfriend - soon to be fiancé – Tim Haspel (ERIC MABIUS), a women's swim coach at a large state university.

They reside in West Hollywood, next door to Bette Porter (JENNIFER BEALS), a museum director, and her partner Tina Kennard (LAUREL HOLLOMAN). Bette and Tina have been a couple for seven years and are trying to find the perfect sperm donor to help them to start a family as they struggle with their relationship and the roles they've chosen or found themselves in and what it all means to their future.

Normally on top of things, Jenny's life is turned upside down when she attends a party hosted by Tim's neighbors, Bette and Tina. A brief encounter at the party suddenly has Jenny thrust into a lesbian community and a whole new world.

The L Word website is:
http://www.showtimeonline.com/lword/

****

Your click on the "**Fund Free Mammograms**" button at the site below helps provide free mammograms, paid for by site sponsors and provided by the National Breast Cancer Foundation to low-income, inner-city and minority women, whose awareness of breast cancer and opportunity for help is often limited.

The number of women helped depends on the number of visitors to The Breast Cancer Site. Please click every day, and spread the word.

www.thebreastcancersite.com/

Financial Focus

New Tax Laws Expand Your Investment Opportunities
By Diova A. Gray

You've probably seen a lot of headlines on the Tax Relief Act of 2003. This legislation, recently signed into law by President Bush, will affect virtually everyone in the country. As an individual investor, you've got reasons to cheer the new tax laws. Many people will find that their taxes will decrease 5 percent or more under the new tax laws.

Let's review some of the tax act's key areas and see what actions they might suggest:

Lower dividend taxes - If you've invested in dividend-paying stocks or stock mutual funds, your dividends were taxed at your individual tax rate (e.g., 27 percent, 30 percent, 35 percent or 38.6 percent). But under the new laws, the tax rate on dividends will be cut to 15 percent. And if you're in the 10 percent to 15 percent bracket, the dividend tax rate drops to 5 percent. These new, lower rates are effective retroactively to the beginning of 2003 through 2008. In 2009, dividend taxes are scheduled to revert to the old, higher rates.

Should you be interested in stocks that have a history of paying dividends, there are certain considerations to take into account. First, it's nice to get the dividend checks. (Keep in mind, though, that stocks do not offer a fixed rate of return and may not distribute dividends. Stocks are subject to market risks, including the potential loss of principal). Also, when a company pays dividends, it can be a sign that the business is well-run and concerned about the needs of its shareholders. Conditions can change at any time, but stocks with a track record of paying dividends tend to be more steady performers relative to non-dividend paying stocks that have a limited track record.

Another advantage to dividend-paying stocks and dividend paying stock mutual funds: Investors can consider reinvesting unneeded dividend income into additional shares of stocks/mutual fund.

Lower capital gains taxes – The long-term capital gain rate has been reduced to 15 percent from 20 percent for many taxpayers. Taxpayers in the 10 percent and 15 percent ordinary income tax rate brackets will see a decrease in capital gains taxes from 10 percent to 5 percent. All of these reductions are effective for sales of securities after May 5, 2003. As is the case with dividend taxes, the new rate will remain in place through 2008.

If you've held some stocks for many years, and they've appreciated significantly, then the cut in capital gain taxes may benefit you greatly. Previously, you may have avoided selling these stocks – even if your diversification needs have changed – because you didn't want to face a big tax hit.

Now, however, with the new, lower capital gains rate, you'll find it much more affordable to sell these stocks and make the changes you need to help you properly balance your portfolio. But talk to your tax professional as tax considerations should not be the driving factor for making investment decisions.

Lower Tax Rates – Earlier tax law changes lowered tax brackets for 2006, but the new legislation has sped up the timetable, so that the new rates are retroactively effective on Jan. 1, 2003. The 10 percent and 15 percent rates remain unchanged, but the 27 percent rate drops to 25 percent; the 30 percent rate drops to 28 percent; the 35 percent rate falls to 33 percent; and the 38.6 percent rate drops to 35 percent.

Increase in Child Tax Credit – The amount of the child tax credit is increased to $1,000 (from $600) in 2003 and 2004. Beginning this summer, the increased amount of the child tax credit will be paid in advance based on information in taxpayer's 2002 tax returns.

Increase in Small Business Expensing for New Investment – This tax act quadrupled the maximum amount of investment in equipment that small businesses can expense from $25,000 to $100,000. This will encourage small business owners to purchase the technology, machinery and other equipment they need to expand.

Increase in First-year Bonus Depreciation – This deduction increases from 30 percent to 50 percent for qualified investments which are placed in service after May 5, 2003 and before January 1, 2005.

You may want to invest your tax savings by setting up a bank authorization that moves money automatically, at a set interval, from your bank account into the investment of your choice. Since systematic investing does not assure a profit nor does it protect you against losses in declining markets, it's best to consult with your investment representative and tax advisor to see how you can adjust your investment strategies in response to the new tax laws. But take action soon – this legislation has given you some great possibilities, and you'll want to take advantage of them.

Edward Jones

Diova A. Gray
Investment Representative
825 East Street, Suite 105
Woodland, CA 95776
Bus 530-406-0247 Fax 877-850-9559
www.edwardjones.com
California Insurance License 0C24309

Serving Individual Investors Since 1871

SACWN's Advertising Rate
Business ads are just $60 per year!
Don't miss out on the best deal in town!
Call 916-483-8730 and let us advertise your business to our membership.

Celebrate the Spirit

The Center For Spiritual Awareness

1020 West Capitol Ave
West Capitol Ave. West Sac.
Sundays 10 am
Wednesday Meditation 7 pm
Jr. Church for kids all ages on Sunday at 10
(916) 374-9177

Home of the New Thought Gospel Choir

No. California's Premier Women's Night Club

Club 21 Sacramento
1119 21st Street
Sacramento, CA 95814
916 433-1537
www.club21sacramento.com
Gina Givogri, Manager

Law Offices of
Rosemary Metrailer
Mediation • Arbitration • Business Law

Rosemary Metrailer, *Attorney at Law*
PO Box 215, Nevada City, CA 95959
email: rmetrailer@metrailer.com
Sacramento: (916) 447-7258 | Nevada City: (530) 265-3062
Facsimile: (530) 265-0601

Killick
Financial Services
Tax Preparation--Consulting
Bookkeeping--Payroll

Linda E. Killick
(916) 486-8985

2321 Lloyd Lane, Sacramento

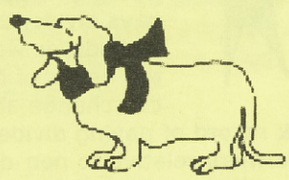
ALL STATE HOMES
RESIDENTIAL REAL ESTATE

Deidre (DE) Daugherty
Real Estate Agent/Foreclosure Specialist

6201 Greenback Ln. Ste. #G
Sacramento, CA 95821

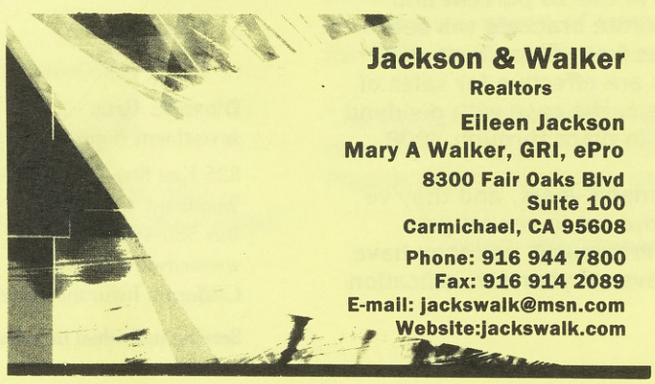
Cell: (916) 397-6239
Office: (916) 727-1110
Fax: (916) 727-1116

Diana



Affordable
Pet Sitting

Sacramento
916-334-0404



Jackson & Walker
Realtors
Eileen Jackson
Mary A Walker, GRI, ePro
8300 Fair Oaks Blvd
Suite 100
Carmichael, CA 95608
Phone: 916 944 7800
Fax: 916 914 2089
E-mail: jackswalk@msn.com
Website:jackswalk.com

Subscription/Membership Application

Name(s) _____

_____

Address: _____

_____

City: _____ State: ____ Zip: _____

Email: _____

Phone: _____

New	Renewing
Categories	***Rates***
Regular	$24.00
Sustaining	$48.00
Limited Income	$12.00

Rates are per household, per year. The membership renewal is due in February of each year. If you begin SACWN at a different date, the membership is prorated.

Waiver: I am aware that certain risks or injuries could occur arising from my participation in SACWN, Inc. events and/or special interest groups. In consideration of the right to participate in such events, some of which may involve strenuous activity (i.e. hiking, golfing, skiing, cycling, etc.) I hereby assume all risks and will hold SACWN, Inc. and its members harmless from all liability which may arise in connection with these activities.

_____

(Signature) (Date)

_____

(Signature) (Date)

Please make checks payable to:
SACWN

Mail to:
SACWN
PO Box 19036
Sacramento, CA 95819-0036

Volunteer Form

Can you volunteer? We need help in the following areas:

NEWSLETTER

Proofreaders & Editors
Writers
Layout & Graphics

ACTIVITIES

Planners
Decorations
SIG Leaders

Comments, Suggestions, Viewpoints

_____

_____

_____

_____

_____

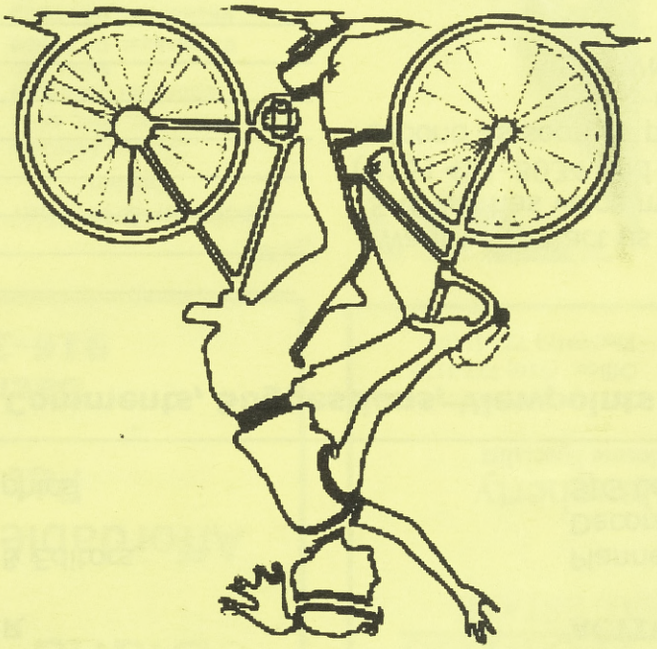
_____

_____

_____

_____

Want to contact us but don't want to write? SACWN has voice mail and Email! Call us at (916) 451-8034 and leave a message. We will respond as soon as possible. OR you can send E-mail to:
SACWN1@aol.com



PO Box 19036
Sacramento, CA 95819-0036

SACWN, Inc.
Sacramento Area Community Women's Network

Check out our new SIG on page 4.

Gail Lang
2500 G Street
Sacramento, CA 95816